

This summer we're hopping on our bikes for Cycle of Hope 2022.

Our journey starts in Southport before completing a loop of beautiful countryside terrain in both Merseyside and Lancashire.



Best suited for beginners, you can take this 60km at your own pace and appreciate the scenery along the way.

A shorter loop than our 60-mile route, but just as fun. Perfect for those who haven't been on a bike in years or new, eager cyclists.

2 60 miles

Our longer route is perfect for more experienced cyclists or those up for a bit of a challenge. You'll start your adventure on our 60km route before stretching further east, taking in the stunning landscapes as you push to the finish line.

We'll see you at the finish line to collect your medal and celebrate!

Start and Finish point: Southport Rugby Club, Waterloo Rd, Southport PR8 4QW

Free cycle top for anyone raising over £100!

To sign up visit www.nwcr.org/events



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